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**Master of Arts in Community Counseling**  
**Graduate Certificate in Addiction Counseling**  
**Graduate Certificate in Expressive Arts Therapy**  
**Department of Human Development and Psychological Counseling**  
**Reich College of Education**

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The Department of Human Development and Psychological Counseling is responsible for organizing and providing instructional programs in counseling and other human development functions for public schools, colleges/universities, and various agencies.

The Department offers the following programs in community counseling and related areas:

- Master of Arts in Community Counseling (Major Code: 405\*/13.1102), with five concentrations:
  - Addictions Counseling (405B)
  - Body Centered Therapy (405H)
  - Community Counseling, General (405G)
  - Expressive Arts Therapy (405F)
- Graduate Certificate in Addiction Counseling (Major Code: 423A/13.1102)
- Graduate Certificate in Expressive Arts Therapy (Major Code: 425A/13.1102)

In addition, the Department of Human Development and Psychological Counseling offers the Master of Arts in College Student Development, the Master of Arts in Marriage and Family Therapy, and the Master of Arts in Professional School Counseling. These programs are detailed under separate headings in this bulletin. A student proposing to major in any of the degree programs or to seek licensure through the department must be fully admitted as degree seeking.

The Department of Human Development and Psychological Counseling offers the following courses:

HPC: human development and counseling courses

All courses are taught from a multicultural perspective, which emphasizes the differing experiences, cultures, histories, and perspectives of people from a variety of ethnic, gender, racial, and social class backgrounds.

The department also provides group methods, human relations, and other human development courses at the graduate and undergraduate levels for the Reich College of Education and the University. These courses are valuable for majors in other departments. A course in life and career planning and courses in leadership development are offered for undergraduate students. The department offers a variety of summer institutes to enhance the learning of both graduate students and practitioners seeking continuing education opportunities in human service fields.

In addition, the Community Counseling program and the Graduate Certificate programs include courses offered by other departments as follows:

- FCS: family and consumer sciences courses (see the Family and Consumer Sciences program for course descriptions)
- PSY: psychology courses (see the Psychology – General Experimental program for course descriptions)
- RES: educational research courses (see the School Administration program for course descriptions)
- SOC: sociology courses (see the Gerontology program for course descriptions)

The Master of Arts degree in Community Counseling is designed to meet the need for advanced preparation of counselors and other helping professionals who work in a wide variety of human service agencies (including mental health centers, social

service agencies, business and industry and others). In addition to the core curriculum, students can select, in cooperation with their departmental advisor, from a variety of elective courses, which will help meet their individual career objectives. Specialized concentrations are available as listed below including a general concentration for students who choose to design, along with their advisor, their own emphasis.

**Accreditation:** The master's degree program in Community Counseling is accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP), a specialized accrediting body. Graduates are immediately eligible to take the examination of the National Board for Certified Counselors, Inc. to become National Certified Counselors.

### **PROGRAM OF STUDY FOR THE GRADUATE CERTIFICATE IN ADDICTION COUNSELING (423A/13.1102)**

**Admission Requirements:** Baccalaureate degree from an accredited college or university; complete application to the Cratis Williams Graduate School (<http://www.graduate.appstate.edu>), including resume and official transcripts for the bachelor's degree; a completed department of Human Development and Psychological Counseling questionnaire.

#### **Required courses:**

HPC	5560	The Addictive Process .....	3
HPC	5570	Counseling the Addicted Person .....	3
HPC	6570	The Appalachian Addictions Institute.....	3
Choose one of the following courses. ....			3
	HPC 5274	Substance Abuse in Family Systems (3 s.h.)	
	HPC 5710	Helping the Troubled Employee (3 s.h.)	
	HPC 6770	Current Issues and Special Populations in Addictions Counseling (3 s.h.)	
<b>ADDICTION COUNSELING CERTIFICATE TOTAL .....</b>			<b>12</b>

### **PROGRAM OF STUDY FOR THE GRADUATE CERTIFICATE IN EXPRESSIVE ARTS THERAPY (425A/13.1102)**

**Admission Requirements:** Baccalaureate degree from an accredited college or university; master's degree in mental health care or arts therapy field from a professionally accredited college or university or enrollment in a master's program in the Department of Human Development and Psychological Counseling; complete application to the Cratis Williams Graduate School (<http://www.graduate.appstate.edu>), including resume and official transcripts for the bachelor's and master's degrees; a completed department of Human Development and Psychological Counseling questionnaire.

#### **Required courses:**

HPC	5900	Practicum in Counseling (with a focus on expressive arts) .....	3
HPC	6360	Therapy and the Expressive Arts .....	3
HPC	6370	Intermodal Expressive Arts .....	3
Choose 9 s.h. from the following courses (or other courses as approved by the Advisor) .....			9
	HPC 5860	Dreamwork: Clinical Methods (3 s.h.)	
	HPC 6160	Gestalt Therapy (3 s.h.)	
	HPC 6350	Body/Mind (3 s.h.)	
	MUS 5006	Philosophy of Music (3 s.h.)	
<b>EXPRESSIVE ARTS THERAPY CERTIFICATE TOTAL.....</b>			<b>18</b>

**Master Of Arts Program Requirements/Options:** The basic requirements for the program are listed below. In addition to the curriculum listed under each program, these eight items apply to the College Student Development, Community Counseling, Marriage and Family Therapy, and Professional School Counseling programs.

- A first master's degree in Community Counseling (non-thesis option) requires completion of a minimum of 60 semester hours of approved courses. A first master's degree in College Student Development (non-thesis option), Marriage and Family Therapy, and Professional School Counseling requires completion of a minimum of 48 semester hours of approved courses.
- A thesis option requires a minimum of 38 semester hours of approved course work plus thesis hours (4 s.h.) = 42 s.h.

total except the Community Counseling program which requires a minimum of 50 s.h. of approved course work plus thesis hours (4 s.h.) = 54 s.h. total. The thesis option for Marriage and Family Therapy requires a minimum of 48 semester hours of approved course work plus thesis hours (4 s.h.) = 52 total hours.

11. A second master's degree requires meeting all program course requirements with a minimum of 36 semester hours.
12. Students in CACREP approved programs in the department must meet for a minimum of 10 clock hours in a planned group activity intended to provide direct experiences as a participant in a small group. This requirement is met during HPC 5790 and/or HPC 6720.
13. On an individual basis, students may be required to receive professional counseling to aid them in their personal growth.
14. The Handbook of Policies and Procedures available in the HPC office provides information on liability insurance, academic appeals, retention policy, personal endorsement policy, admissions policies, and placement services.
15. Permission forms to take practica and internships are available in the HPC office and must be completed prior to registration.
16. Applicants for programs in College Student Development, Marriage and Family Therapy, and Professional School Counseling are required to take the Graduate Record Exam (GRE) and have an interview, which can be conducted by telephone if the applicant cannot visit campus. The program in Community Counseling requires the Graduate Record Exam (GRE).

The Expressive Arts Therapy concentration in the Community Counseling MA program qualifies for **Academic Common Market** status, and students from the southeastern states outside of North Carolina may qualify for a reduction to in-state tuition. Currently, the Expressive Arts Therapy concentration in the Community Counseling program is open in the following states: Delaware, Georgia, and Tennessee. Students should contact their home state's ACM coordinator to request consideration. The complete list of coordinators is available on the Southern Regional Education Board website: <http://www.sreb.org>.

**PROGRAM OF STUDY FOR THE MASTER OF ARTS IN COMMUNITY COUNSELING (Major Code: 405\*/13.1102)**

**Admission Requirements:** Baccalaureate degree from an accredited college or university; complete application to the Cratis Williams Graduate School (<http://www.graduate.appstate.edu>), including resume, three letters of recommendation, official GRE general exam scores, and official transcripts from all colleges attended; a completed department of Human Development and Psychological Counseling questionnaire.

**Basic Criteria for Consideration:** GPA of 3.0 or higher in the last 60 hours of undergraduate work and official GRE scores from ETS. **OR**

Cumulative GPA or last 60 hours GPA below 3.0 but above 2.70, and official GRE Verbal plus Quantitative (or Analytical if available) score of 800. The GRE Writing test will be considered, but no minimum score has been established.

**Hours:** 54 semester hours with thesis;  
60 without thesis

**Location:** On Campus and Off Campus;  
Off campus cohorts begin periodically; please contact the Office of Extension and Distance Education for information (<http://www.ext-dl.appstate.edu>).

**Required Courses:** (39 s.h.) \*\*See the note at the end of this program listing regarding prerequisites

RES	5000	Research Methods.....	3
HPC	5110	Multicultural Counseling.....	3
HPC	5120	Introduction to Community Counseling.....	3
HPC	5140	Psychological and Educational Testing.....	3
HPC	5210	Life and Career Planning.....	3
HPC	5220	Counseling Theory and Techniques.....	3
HPC	5752	Legal and Ethical Issues in Community Counseling.....	3
HPC	5790	Group Methods and Processes.....	3
HPC	5900	Practicum in Counseling.....	3
HPC	6120	Developmental Assessment and Diagnosis in Community Counseling.....	3
HPC	6451	Community Counseling Seminar.....	3
HPC	6900	Internship in Community Counseling.....	6
		(designed to meet objectives for the chosen concentration)	
		<b>REQUIRED HOURS .....</b>	<b>39</b>

**Concentrations: (CHOOSE ONE)** (9 s.h.)

**ADDICTIONS COUNSELING CONCENTRATION (405B)**

The North Carolina Substance Abuse Professional Certification Board exempts graduates with an addictions counseling concentration (4 addictions courses plus internship) from 18 months of the 36 months experience requirement.

HPC	5560	The Addictive Process.....	3
HPC	5570	Counseling the Addicted Person.....	3

Choose one of the following courses..... 3

HPC 5274 Substance Abuse in Family Systems (3 s.h.)

HPC 5710 Helping the Troubled Employee (3 s.h.)

HPC 6570 The Appalachian Addictions Institute (3 s.h.)

HPC 6770 Current Issues and Special Populations in Addictions Counseling (3 s.h.)

**BODY CENTERED THERAPY CONCENTRATION (405H)**

HPC 5870 Creative Process, Movement and Therapy..... 3

HPC 6350 Body/Mind..... 3

Electives (3 s.h. required - SEE ELECTIVES LIST BELOW\*)..... 3

**COMMUNITY COUNSELING, GENERAL CONCENTRATION (405G)**

This is a specialized concentration that is available for students who choose to design, along with their graduate advisor, their own emphasis in community counseling. An individualized emphasis may be designed around a student's specific interest.

Electives (9 s.h. required - SEE ELECTIVES LIST BELOW\*)..... 9

**EXPRESSIVE ARTS THERAPY CONCENTRATION (405F)**

HPC	6360	Therapy and the Expressive Arts.....	3
HPC	6370	Intermodal Expressive Arts.....	3
Choose one of the following courses:.....			3
ANT	5410	Qualitative Research Methods (3 s.h.)	
HPC	5531	Selected Topics: Summer Institute: Expressive Arts in Counseling (3 s.h.)	
HPC	5535	Selected Topics: Summer Institute: The Use of Creative and Expressive Arts with Children and Adolescents (3 s.h.)	
HPC	5860	Dreamwork: Clinical Methods (3 s.h.)	
HPC	5870	Creative Process, Movement and Therapy (3 s.h.)	
HPC	6160	Gestalt Therapy (3 s.h.)	
HPC	6340	Ecotherapy (3 s.h.)	
HPC	6350	Body/Mind (3 s.h.)	
HPC	6380	Therapeutic Writing (3 s.h.)	
HPC	6390	Current Issues in Expressive Arts Therapy (3 s.h.)	
MUS	5006	Philosophy of Music (3 s.h.)	

**MARRIAGE AND FAMILY COUNSELING CONCENTRATION (405E)**

The Marriage and Family Counseling concentration is **not** designed to meet clinical membership requirements of the American Association for Marriage and Family Therapy (AAMFT) or licensure in North Carolina as a marriage and family therapist. The program designed to meet these requirements is described in the bulletin under Marriage and Family Therapy.

HPC	5270	Theories of Marriage and Family Therapy I.....	3
Choose two of the following courses.....			6
HPC	5271	Theories of Marriage and Family Therapy II (3 s.h.)	
HPC	5272	Family Development and Therapy (3 s.h.)	
HPC	5273	Mediation and Divorce Therapy (3 s.h.)	
HPC	5274	Substance Abuse in Family Systems (3 s.h.)	
HPC	5275	Systemic Family Therapy Institute (3 s.h.)	
HPC	6270	Marriage and Family Counseling: Clinical Issues (3 s.h.)	
HPC	6271	Theories of Marriage and Family Therapy III (3 s.h.)	
HPC	6710	Human Sexuality (3 s.h.)	
HPC	6730	Sexual Abuse Counseling (3 s.h.)	

**CONCENTRATION TOTAL ..... 9****Thesis Options: (CHOOSE ONE)****WITH THESIS**

HPC	5999	Thesis.....	4
Electives (2 s.h. required - SEE ELECTIVES LIST BELOW*).....			2

**WITHOUT THESIS**

Electives (12 s.h. required - SEE ELECTIVES LIST BELOW*).....			12
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**THESIS OPTIONS HOURS ..... 6 or 12****TOTAL HOURS FOR MA DEGREE..... 54 (with thesis)  
or 60 (without thesis)**

**\*LIST OF SUGGESTED ELECTIVES:** The total number of elective hours depends on the selected concentration above. Students may take other graduate courses as electives (with the advice and the approval of the student's graduate advisor) provided that: a) they have taken any necessary prerequisite for the course, and b) the course is consistent with the student's interests and career goals. The following suggested electives are seen as being particularly relevant for a "typical" student.

HPC	5130	Women's Issues in Counseling (3 s.h.)
HPC	5680	Counseling the Aging (3 s.h.)
HPC	5850	Theory and Practice of Reality Therapy (3 s.h.)
HPC	5860	Dreamwork: Clinical Methods (3 s.h.)
HPC	6160	Gestalt Therapy (3 s.h.)
HPC	6350	Body/Mind (3 s.h.)

HPC	6360	Therapy and the Expressive Arts (3 s.h.)
HPC	6370	Intermodal Expressive Arts (3 s.h.)
HPC	6730	Sexual Abuse Counseling (3 s.h.)
PSY	5565	Adolescent Psychology (3 s.h.)

**Thesis:** Optional

**Proficiency:** None required

**Comprehensive:** Required - Students should take the required courses (excluding the Internship) prior to taking the comprehensive exam.

**Product of Learning:** None required

**NOTES:** Reminders for ALL concentrations in the M.A. degree in Community Counseling:

1. **Prerequisites:** Students should pay particular attention to the prerequisites listed in each course description; the curriculum is carefully structured to ensure that students have the necessary prerequisite knowledge before enrolling in courses.
2. It is the student's responsibility to develop a written plan of study with her/his advisor after completing 9 hours. In planning this program, students should take the required courses (excluding Internship) prior to taking the comprehensive exam.
3. **Internship:** The internship (HPC 6900) is designed to be a full-time learning experience (600 clock hours) in an agency setting. These placements are arranged through consultation with the student's advisor and in most cases will be with agencies outside of the immediate Boone area. Students employed in agency settings may, with permission, complete their internship within the context of their work setting.
4. Students should preregister to insure their places in the courses they select.
5. **National Accreditation:** This program is accredited by the Council for the Accreditation of Counseling and Related Educational Programs (CACREP) and, thus, graduates are immediately eligible to take the examination to become a National Certified Counselor (NCC). Graduates of this program with appropriate experience will be eligible to take an examination given by the National Academy of Clinical Mental Health Counselors. Successful completion of the examination will qualify the individual to become a Certified Clinical Mental Health Counselor.

### **GRADUATE COURSES IN HUMAN DEVELOPMENT AND PSYCHOLOGICAL COUNSELING (HPC)**

**HPC 5000. Internship in Public Schools/(1-9).On Demand.** Designed for school counselor graduate students who do not possess an "A" teaching license and who must have an extended internship in a public school setting prior to obtaining an "M" license. Each internship is arranged and coordinated on an individual basis consistent with state policies. This course will be limited to students accepted into the school counselor program and the course credit will not count toward the graduate degree. Graded on an S/U basis. [Dual-listed with HPC 4900.]

**HPC 5100. Counseling Techniques for Teachers of Young Adolescents/(3).On Demand.** Acquaint teachers of early adolescents with appropriate counseling techniques, interactional processes, and resource materials.

**HPC 5110. Multicultural Counseling/(3).S.** An exploration of counseling issues related to a culturally diverse client population.

**HPC 5120. Introduction to Community Counseling/(3).F.** An introduction to the issues, functions and scope of the work being done in various human service agencies. Helping approaches with selected client populations and related professional concerns will be examined. Prerequisite: for community counseling majors only.

**HPC 5130. Women's Issues in Counseling/(3).S.Even-numbered years.** Based on study of historical, social, multicultural, and familial influences on the development of women, this course addresses counseling issues related to women's identity, self-esteem and relationships.

**HPC 5140. Psychological and Educational Testing/(3).F;S.** A study of representative psychological and educational tests/inventories including the rationale which underlies testing.

**HPC 5190. Helping Skills in Student Affairs Practice/(3).S.** An introduction and overview to the role of the student affairs educator as a facilitator of individual and group development. Methods of helping, group facilitation skills, and leading and managing groups appropriate to student affairs functions will be developed.

**HPC 5210. Life and Career Planning/(3).F;S.SS.** Assists counselors and others in various work settings to attain knowledge and skills essential in helping individuals to consider possible careers and life style options. Approaches to career development, sources of informational materials, and the life planning needs of particular clientele are emphasized.

**HPC 5220. Counseling Theory and Techniques/(3).F;S.** Several selected theories of counseling will be studied in depth, emphasizing primary sources. Other theories will be studied, giving breadth to this area of knowledge. Interrelationships of personality development, learning and “problems” will be stressed.

**HPC 5270. Theories of Marriage and Family Therapy I/(3).F.** A study from the systemic perspective of the historical development, theoretical and empirical foundations, and current issues in marriage and family therapy. Major models of marriage, couple and family therapy are surveyed.

**HPC 5271. Theories of Marriage and Family Therapy II/(3).S.** A study of a selected number of theories concerning marriage and family therapy. Class will involve role play, group discussion, and demonstration of marriage and family therapy. Prerequisite: HPC 5270.

**HPC 5272. Family Development and Therapy/(3).S.** An introduction to a variety of systemic theories of family. Emphasis will be given to clinical issues of family development as they pertain to family therapy.

**HPC 5273. Mediation and Divorce Therapy/(3).F.** Even-numbered years. Recognizing divorce as a frequent phenomenon in families, this course is designed to study the history, effects, and re-growth as a result of divorce. In addition to a review of current literature, there will be a concentration on pertinent, long-term studies of divorces, and the results and effects on children, as well as viewing proposed models of mediation and therapy for persons who choose to pursue such assistance.

**HPC 5274. Substance Abuse in Family Systems/(3).S.** Even-numbered years. An examination of the range of substance abuse issues impacting the family system. Topics will include etiology of substance abuse and addiction within the family, impact upon members of the system and its dynamics, intervention and treatment approaches, and long-term recovery issues. Special attention will be given to the topics of co-dependency and core issues of adult children of dysfunctional families. Prerequisites: HPC 5270, SOC 5570/HPC 5560, or permission of the instructor.

**HPC 5275. Systemic Family Therapy Institute/(3-9).SS.** Variable content. Barring duplication, a student may repeat the course and earn up to a total of nine semester hours. This annual summer institute is designed to provide graduate students and working professionals with an opportunity for in- depth exploration of cutting-edge topics within the marriage and family therapy field. Graded on an S/U basis.

**HPC 5310. Introduction to Professional School Counseling/(3).F.** The study of comprehensive, developmental school counseling programs; appropriate counselor roles (counseling, coordination, and consultation); and methods of providing services to students, families, and school personnel within a collaborative framework.

**HPC 5315. Elementary/Middle Grades School Counseling/(3).On Demand.** Designed primarily for counselors who plan to work or are currently working in elementary or middle grades settings. Emphasis is given to philosophy and organization; the role and functions of elementary and middle grades counselors; components of comprehensive elementary and middle grades school counseling programs; and special issues related to theory and practice of working with children and adolescents.

**HPC 5340. Research in College Student Development and Student Affairs Practice/(3).S.** This introductory research course is designed to provide opportunities to review, evaluate, conduct and disseminate educational research related to the practice of Student Affairs. This course is a prerequisite for HPC 6330.

**HPC 5380. College Students and Their Environments/(3).F.** A study of characteristics, needs, and goals of college students, including selected populations; appraisal and effect of college environments and other socio-cultural factors on students; and implications for Student Affairs Practice.

**HPC 5410. Introduction to Student Affairs/(3).F.** An introduction and overview of student affairs functions within institutions of higher education emphasizing the history, student affairs programming models, professional standards and ethics in professional conduct, professional associations, organizational models and staffing patterns, and issues and trends in student affairs practice.

**HPC 5500. Independent Study/(1-4).On Demand.**

**HPC 5530-5549. Selected Topics/(1-4).On Demand.** Subject matter may vary from term to term depending on student interest and need. A student may enroll more than once in a selected topics course provided that the content does not duplicate that of the previous course.

**HPC 5560. The Addictive Process/(3).F;S.** An examination of sociological and psychological contributions to alcohol and drug addiction and abuse in our society. The addictive process and its impact on the individual and society are described, as well as treatment and preventive program efforts. Students will also examine their own feelings and attitudes about alcohol and drug use and abuse. (Same as SOC 5570.) [Dual-listed with HPC 4570.]

**HPC 5570. Counseling the Addicted Person/(3).F.** An in-depth study of the various intervention and therapeutic models utilized with addicted clients, including individual, group, and family counseling approaches. Unique aspects, demands, and imperatives of the addiction vis-a-vis the helping relationship are discussed. Prerequisite: HPC 5560.

**HPC 5680. Counseling the Aging/(3).F.Even-numbered years.** This course is designed to aid graduate students interested in gerontology to understand and appreciate aging as a lifelong process. Emphasis is also given to various effects of aging-physiological, psychological, financial, etc. Counseling strategies and understanding family dynamics pertaining to aging will also be studied.

**HPC 5700. Teaching Sex Education Within a Family Context/(3).F.** This course is designed to help health educators learn and develop strategies for teaching family living and sexuality to different age groups such as elementary, middle grades, secondary and adults. Topics to be included are reproductive anatomy, physiology, STD and AIDS, varying cultural differences, and gaining community support. Each student will be responsible for developing appropriate curricula materials for the age group she/he will be teaching. (Same as HED 5710.) [Dual-listed with HPC 4710.]

**HPC 5710. Helping the Troubled Employee/(3).On Demand.** An introduction to employee assistance programming in a wide variety of settings. Historical development, current issues and trends, program structure, implementation, administration and evaluation are stressed. Visiting practitioners, student projects, and field trips will emphasize practical skills development in this helping model based in the work setting.

**HPC 5751. Ethics and Law in Professional Practice/(3).S.** A study of current legal and ethical issues confronting the college student development specialist or counselor in practice. Topics include authority and environment of ethics and law, ethical decision analysis, and topical issues such as student safety, liability, confidentiality, privacy, libel and slander, due process, and other related ethical and legal concepts. The course goal is to provide future practitioners with a working knowledge of ethical and legal issues so as to inform good practice.

**HPC 5752. Legal and Ethical Issues in Community Counseling/(3).S.** A study of legal and ethical issues confronting community agency, mental health and rehabilitation counselors. Topics include moral reasoning, tort liability, confidentiality, privacy, libel, slander, due process, federal and state rules, regulations, and statutes, and other important concepts and actions resulting in legal and ethical questions. Prerequisites: HPC 5120; for community counseling majors only.

**HPC 5753. Legal and Ethical Issues in Marriage and Family Therapy/(3).F.** A contextual study of legal and ethical issues related to the profession of marriage and family therapy. Topics include professional identity, scope of practice, professional organizations, licensure, ethical codes, confidentiality, legal responsibility and liabilities of clinical practice and research, family law, record keeping, reimbursement, and the business aspects of practice.

**HPC 5754. Legal and Ethical Issues in Professional School Counseling/(3).S.** An exploration of ethical and legal standards, and applications specific to professional school counseling. General topics will include the ethical decision-making process, confidentiality, privileged communication, informed consent, duty to warn, dual relationships, record keeping, parental rights, the rights of minors, testifying in court, and testing. Special topics and the needs of special populations will be examined.

**HPC 5790. Group Methods and Processes/(3).F;S.** A study of group dynamics, experimentation in groups, leadership roles, and applicability to other settings. [Dual-listed with HPC 4790.]

**HPC 5820. College Student Development Theories I/(3).F.** This course provides an overview of the cognitive theories of student development. Particular emphasis will be placed on utilizing theory to understand and describe student learning, human behavior and development over the life span. The course includes cognitive and moral development theories. A multicultural focus will be included in the study of these theories. This course is a prerequisite for HPC 5821.

**HPC 5821. College Student Development Theories II/(3).S.** This course provides an overview of the psychosocial theories of student development. Particular emphasis will be placed on utilizing theory to understand and describe student learning, human behavior and development over the life span. The course includes psychosocial and identity theories. A multicultural focus will be included in the study of these theories. Prerequisite: HPC 5820.

**HPC 5840. Human Relations and Interaction/(3).F;S.** Examines the key elements in effective interpersonal communication. Students will be exposed to one or more human relations models that are designed to improve their communication skills. Emphasis will be given to applying constructive methods of human relations in a variety of settings including business, schools, and social service agencies. [Dual-listed with HPC 4840.]

**HPC 5850. Theory and Practice of Reality Therapy/(3).On Demand.** A basic course introducing the theory and practice of Reality Therapy in a variety of therapeutic settings. Emphasis will be placed on the principles and implications of control theory, including the fundamentals of the practice of Reality Therapy, and its relationship to the cycle of counseling.

**HPC 5860. Dreamwork: Clinical Methods/(3).F.** An in-depth study of dreamwork as a clinical method, including theoretical approaches to dreams, clinical issues and current trends, and cross-cultural perspectives on the role of dreams, myths, and symbols in psychological healing.

**HPC 5870. Creative Process, Movement, and Therapy/(3).S.Odd-numbered years.** An examination of body awareness, creative expression, and movement in therapy. Particular attention will be paid to the concept of creative process and how it relates to human development, personality integration, and healing. [Dual-listed with DAN 4870.]

**HPC 5900. Practicum/(1-9).F;S.** Practica are available in the areas given below according to the chosen curriculum. Some practicums may be repeated for additional credit when there is space and upon approval of the advisor and the departmental chair. Graded on an S/U basis.

- **Practicum in Counseling:** An in-depth study of the counseling and therapeutic process and the nature of the counseling relationship. These factors will be examined in relationship to the application of basic theoretical principles. Prerequisites: HPC 5220, specific program requirements, and prior approval of the departmental chair.
- **Practicum in College Student Development:** An opportunity for on-the-job observation and limited practice in at least two student development functions/offices either on the ASU campus or in another area post-secondary institution. Open only to student development majors. Prior approval of the departmental chair.
- **Practicum in Group Leadership:** Supervised practice in group leadership. Prerequisites: HPC 5790, HPC 6720, and prior approval of the departmental chair.

**HPC 5989. Graduate Research/(1-9).F;S.** This course is designed to provide access to University facilities for continuing graduate research at the master's and specialist's levels. Graded on an S/U basis. HPC 5989 does not count toward a degree.

**HPC 5999. Thesis/(1-4).F;S.** Graded on an S/U basis.

**HPC 6120. Development Assessment and Diagnosis in Community Counseling/(3).S.** An in-depth and critical examination of developmental assessment and diagnosis in a variety of community counseling settings. Specific attention will be given to the interface of the assessment and diagnostic process, the sociocultural context of individuals, and an understanding of basic psychopharmacology within a developmental and humanistic framework. Prerequisites: HPC 5120; for community counseling majors only.

**HPC 6160. Gestalt Therapy/(3).S.Even-numbered years.** An examination of the Gestalt Therapy model. The course combines experiential and conceptual approaches. Emphasis is placed on developing personal and unique styles of interventions within the framework of Gestalt Therapy.

**HPC 6162. Systemic Gestalt Therapy/(3).SS.** An advanced course which focuses on the application of gestalt concepts within a systemic model. Prerequisite: HPC 6160 or permission of the instructor. Graded on an S/U basis.

**HPC 6270. Marriage and Family Counseling: Clinical Issues/(3).F.** An examination of basic issues and special problems in the therapeutic intervention in families. Prerequisite: HPC 5270.

**HPC 6271. Theories of Marriage and Family Therapy III/(3).SS.** A comprehensive survey of major models of marriage and family therapy with emphasis on the relationship of theory to practice.

**HPC 6272. Marital and Couples Therapy/(3).F.** This seminar examines key issues associated with effective marital and couples therapy. Emphasis is given to an overview of fundamental theoretical models of intimate relationships and models for effecting healing and growth in such relationships.

**HPC 6280. Assessment and Diagnosis in Marriage and Family Therapy/(3).SS.** A seminar designed to provide a background in diagnosis and assessment including skills necessary to conduct a relational assessment interview, as well as the development of assessment skills through the use of family sculpture, family genogram, role play, and exercises. Prerequisite: HPC 5271 or permission of the instructor.

**HPC 6290. Child and Adolescent Therapy/(3).S.** The application of child development and counseling theories to the practice of counseling children and adolescents. Focus will be on clinical practice, diagnostic skills, play and art therapy, family systems interventions, parent training programs, and behavioral interventions.

**HPC 6330. Assessment and Program Evaluation in Student Affairs/(3).F.** The focus will be on assessing outcomes of enrollment in post-secondary institutions, assessment methodologies used for exploring student outcomes, systematic program evaluation, and the application of student development theory to practice. Prerequisite: HPC 5340.

**HPC 6340. Ecotherapy/(3).F.Even-numbered years.** This course will examine emerging paradigms in psychology and counseling in systems theory, the nature of consciousness, and ecopsychology.

**HPC 6350. Body/Mind/(3).S.** A study of the interrelationship of physical and mental functioning as it pertains to counseling, including the mind/body problem as a systematic issue in psychology, exploration of the current resurgence of interest in mind/body functioning relative to total well-being, and an overview of current uses of mind/body experiences as therapeutic techniques.

**HPC 6360. Therapy and the Expressive Arts/(3).F;S.** An examination of the relationship between artistic expression and individual mental health. Theories and techniques of various arts therapies will be studied relative to diagnosis and treatment as well as to personality integration and personal growth.

**HPC 6370. Intermodal Expressive Arts/(3).F;S.** An examination of theories, techniques, and functions of psychotherapeutic approaches using intermodal expressive arts, emphasizing cross-cultural contexts of creative expression and human development.

**HPC 6380. Therapeutic Writing/(3).F.** An exploration of writing and the therapeutic process. Students will experience a variety of methods in using the written word to enhance client change as well as for self-care for the therapist.

**HPC 6390. Current Issues in Expressive Arts Therapy/(3).S.Even-numbered years.** An examination of current issues in expressive arts therapy, emphasizing cross-cultural contexts of creative expression and human development.

**HPC 6410. Student Development Administration/(3).F.** An overview of organizational theories, management, and administration in student development practice, including budget and finance, governance and policy making, organizational change processes, process consultation, administrative uses of computers, and human resource development. Prerequisite: HPC 5410.

**HPC 6451. Community Counseling Seminar/(3).F.** An examination of current issues and trends in mental health, agency and rehabilitation counseling focusing on the transition from clinical trainee to entry level practitioner in areas such as psychosocial assessment, prevention/education/intervention techniques, administration of programs, and supervision. Prerequisites: HPC 5120, HPC 5220, HPC 5752, HPC 5790, HPC 5900 (Practicum in Counseling) or concurrently enrolled; for community counseling majors only.

**HPC 6452. Seminar in Professional School Counseling/(3).SS.** This course is designed to provide opportunities for students to further develop knowledge and skills in order to deliver a comprehensive and developmental school counseling program. A wide variety of topics currently addressed in professional school counseling literature will be studied. Prerequisite: HPC 5310.

**HPC 6500. Independent Study/(1-4).On Demand.**

**HPC 6530-6549. Selected Topics/(1-4).On Demand.**

**HPC 6570. The Appalachian Addictions Institute/(3-9).SS.** Variable content. Barring duplication, a student may repeat the course and earn up to a total of nine semester hours. This annual summer institute is designed to provide graduate students and working professionals with an opportunity for in-depth exploration of cutting-edge, clinical issues and topics within the addictions field. Graded on an S/U basis.

**HPC 6620. School-Based Consultation/(3).S;SS.** For school psychologists, counselors and other human service personnel in various fields who deal with parents and/or teachers in a consultative and educational capacity. The course will include a review of consultation models and theories of both a group and triadic nature. It will also provide an opportunity for role play which reflects actual consulting situations. Emphasis will be placed on concerns related to academic deficit, behavioral problems in the school and home, and family stress. (Same as PSY 6620.)

**HPC 6710. Human Sexuality/(3).S.** Classical and contemporary theories of sexual identity and behavior, family planning, reproduction, emotionality, intimacy, and values are studied. Special attention is given to the work of Kinsey, Hooker, and Masters and Johnson, and most recent researchers. Attention is given to futurity, especially as it pertains to current practices and values regarding family planning, general health, sexuality and one's self-esteem. Counseling strategies will be considered pertaining to many currently reported sexual dysfunctions such as impotence, premature ejaculation and lack of sexual response.

**HPC 6720. Group Counseling/Therapy/(3).F;S.** Theory and practice of group counseling/therapy, including group process, leadership style, and outcome. Prerequisite: HPC 5790 or equivalent.

**HPC 6730. Sexual Abuse Counseling/(3).S.** An in-depth examination of the subject of sexual abuse counseling. The course provides an overview of the issues involved in sexual abuse and relates these to the assessment and treatment processes used by counselors and other helping professionals.

**HPC 6750. College Student Development Institute/(3-9).SS.** This annual summer institute is designed to allow college administrators, counselors, instructors, other student development personnel, and graduate students to consider a variety of issues facing students and student development specialists. There is variable content each summer with the theme and topics reflecting current issues and needs. Barring duplication, a student may repeat the course and earn up to a total of nine semester hours. Graded on an S/U basis.

**HPC 6770. Current Issues and Special Populations in Addictions Counseling/(3).S.Even-numbered years.** Current issues in the addictions field as they impact both counselors and their clients are addressed. Both practical and theoretical orientations of working with addicted clients are discussed. An emphasis is placed in the course on working with rural and minority clients.

**HPC 6900.Internship/(1-18).F;S.** Advanced students in counselor education will have supervised experiences in specific functions of the counselor education field in a public school system, post-secondary institution, or other appropriate agency. In addition to those listed below, other specific experiences will be developed and approved by the student and the student's advisory committee. May be taken up to a total of eighteen semester hours with permission of the departmental chair. Graded on an S/U basis. Prerequisite: prior approval of the departmental chair.

- **Internship in Professional School Counseling:** Practice in the application of skills used in counseling elementary/middle/secondary school youth. Setting to be decided upon in consultation with the internship supervisor. A minimum of 600 clock hours of work (full-time) as a counselor in the school will be required. Graded on an S/U basis. Prerequisites: HPC 5140, HPC 5210, HPC 5220, HPC 5310, HPC 5754, HPC 5790, HPC 5900, HPC 6620/PSY 6620, and approval of the departmental chair.
- **Internship in Community Counseling:** On-the-job experience will be emphasized through placement of students in appropriate human service agencies. Includes practice in the counseling and other helping skills used in various agencies. Available primarily for Community Counseling majors. Graded on an S/U basis. Prerequisites:

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HPC 5120, HPC 5220, HPC 5752, HPC 5790, HPC 5900 (Practicum in Counseling), HPC 6120, HPC 6451 or concurrently enrolled and prior approval of the departmental chair; for community counseling majors only.

- **Internship in College Student Development:** On-the-job experience will be emphasized through placement of students in specific student development functions/offices either on the ASU campus or in another area post-secondary institution. Available primarily for college student development majors. Graded on an S/U basis. Prerequisites: HPC 5410, HPC 5900 (Practicum in College Student Development) and/or HPC 5900 (Practicum in Counseling), and prior approval of the departmental chair.
- **Internship in Marriage and Family Therapy/(3+3+6).F;S;SS.:** Supervised practice in the application of skills used in systemic individual, couple and family therapy. Open only to marriage and family therapy majors. Graded on an S/U basis. Prior approval of the departmental chair.